

Perry Pom

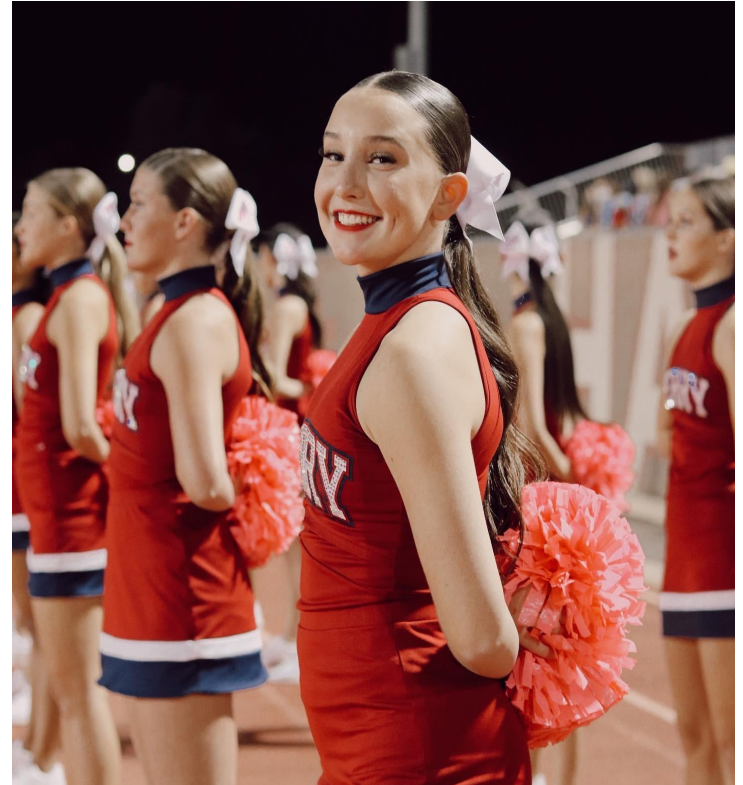
8th Grade

Virtual Open House

Jan. 25th 2021

What is Pom?

- Varsity Team
 - Varsity Athletic Letter
- Dance
 - Half-times, community events
- Cheer
 - Football games and Basketball games
- Compete
 - Local and Nationally (In the Top 5 for both)
- Pep Rallies



Skills suggested...

Toe touches and other advanced jumps

Advanced turns

3-4 pirouettes

Strong cheer motions

Great performer!



Clinics and Tryouts

We have **clinics** in the Spring and the Summer to help prepare you to become a Perry Pommie. We will post information on our Instagram page, twitter, facebook, and PHS school site.

Tryouts, for incoming freshmen are held 1-2 weeks after the start of school. An informational meeting will be held several weeks before tryouts and an athletic packet will need to be completed.



Cost and Commitment

Yearly cost is estimated at **\$2000**. This is paid by monthly payments and optional fundraisers.

~1st hour Pom class (PE credit, elective credit)

We usually start at 7am

~Tech 1 day after school

~Saturday morning practices

~Competitions are held on Saturdays and nationals is over the course of several days.



Q&A

Q: Does Perry have a JV Pom team?

A: At this time we only have a Varsity Pom team. But, we have competed a jv pom when we have enough dancers.

Q: Can freshmen make the Varsity Pom team?

A: Absolutely!

Q: How many girls will make the Pom team?

A: Our numbers vary based on the talent that tryout.



Q: Does Pom compete?

A: Yes! We compete in the Pom/Dance category and the Jazz category. Coaches decide who will compete on our competition POM team and our competition Jazz team. Alternates are also chosen for competition.

Q: What does an alternate get to do?

A: Alternates cheer and perform at games, attend all practices and competitions. At competitions, they are dressed in our team gear and cheer on our team!!! At ANY time an alternate can be asked to compete.

Q: Can my daughter play a sport and be on Pom?

A: Yes and No :) Some sports that don't typically interfere with Pom might work for your daughter. Please talk to all coaches involved, so you can make an informed choice before tryouts.

Q: What skills should I be working on for tryouts?

A: Turns in second (with changing spot, helicopter, sails, etc), leaps (switch), pirouettes (quad), leg turns, ariels, front walkover, strong performance skills, and sharp cheer motions.



Thank You,
Coach Tenneal Howard
Coach Megan Lange